

Wellbeing Walks - March

Our Wellbeing Walks are a great way to get out and get active while connecting with others. This is not a therapy session, but an opportunity to make social connections with like-minded people.

For casual wanderers and seasoned ramblers alike, everyone is welcome – Please check the weather forecast and dress appropriately – Our socials are open to anyone aged 16+ – No booking necessary, just turn up!

- **Lowestoft – Wed 2nd March, 13:00**
Meeting at the South Pier Fountains, NR33 0AE
- **Redwings (Aylsham) – Fri 4th March, 10:30**
Meeting at Redwings, Spa Lane, Aylsham, NR11 6UE
- **Norwich City Centre – Mon 7th March, 10:30**
Meeting at the entrance to City Hall, St Peter's St, NR2 1NH
- **Sandringham – Wed 9th March, 12:30**
Meeting in front of the Visitor Centre, PE35 6AB
- **Great Yarmouth – Wed 9th March, 12:30**
Meeting outside the Library, Tolhouse St, NR30 2SH
- **Cromer – Fri 11th March, 10:30**
Meeting in front of Cromer Pier, Promenade, Cromer NR27 9HE
- **Bungay – Wed 16th March, 13:00**
Meeting at Outney Common, Bungay, NR32 1HG
- **Wymondham – Fri 18th March, 10:30**
Meeting at Tiffey/Becketswell Car Park, Wymondham, NR18 9PH
- **King's Lynn Riverside – Fri 25th March, 12:30**
Meeting at The Customs House, King's Lynn PE30 1ET
- **Earlham Park (Norwich) – Mon 28th March, 10:30**
Meeting at Earlham Park Car Park, NR4 7TQ

